



The Savvy Humanities

SIMPLIFYING MINDS, SHAPING THINKERS

CLASS 12 · PHYSICAL EDUCATION · CBSE 2026-27 SYLLABUS

Physical Education (048) · Unit 1

Management of Sporting Events

49

pages of notes

9

marks (5 + 4 case-based)

36

board questions solved

38

key terms defined

What's inside

- Mind map and nine drawn fixtures and charts
- Five functions of event management
- Four committees — before, during, after
- Knock-out fixture in six steps
- Byes and seeding, with a ready table
- League — cyclic, staircase, tabular
- Points table and the British method
- Combination tournaments
- Intramural and extramural compared
- Five community sports programmes

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Handwritten-style, for revision

Every page inside is handwritten-style with highlighting, boxes and a mind map — built to be read the night before, not skimmed.



How to use these notes

What the paper wants

The theory paper is 70 marks in 3 hours — 37 questions in five sections. CBSE's unit table gives Unit 1 nine marks: 5, plus a 4-mark case-based question. The 2026-27 sample paper matches it exactly — two 1-mark MCQs (committees, knock-out), one 3-mark answer on the league tournament and one 4-mark case built on a knock-out fixture. So expect a fixture or a calculation every year: matches, byes, rounds, halves. CBSE's learning outcomes ask you to describe the functions of sports event management, classify the committees and their work, draw knock-out and league fixtures, and explain intramural, extramural and community sports programmes. Every exercise in CBSE's textbook for this unit is answered here.

Study order that works

1. Keep a pencil and a ruler beside you — a fixture is learnt by drawing it, not by reading it.
2. Read the mind map first. It is the whole unit on one page.
3. Read the notes once, slowly.
4. Cover the page and say each **Definition** box aloud.
5. Write the model answers by hand, timed.

What the boxes mean

- Definition — exact wording to write ■ Exam tip — how to score
■ Remember — board favourite ■ Common mistake

CBSE topics in this unit — and your revision tracker

Tick a box each time you finish a pass. Three ticks across a row means that topic is exam-ready.



Syllabus topic	Read	Practised	Revised
Functions of Sports Events Management (Planning, Organising, Staffing, Directing & Controlling)	☐	☐	☐
Various Committees & their Responsibilities (pre, during & post)	☐	☐	☐
Fixtures and their Procedures – Knock-Out (Bye & Seeding) & League (Staircase, Cyclic, Tabular method) and Combination tournaments	☐	☐	☐
Intramural & Extramural tournaments – Meaning, Objectives & Its Significance	☐	☐	☐
Community sports program (Sports Day, Health Run, Run for Fun, Run for Specific Cause & Run for Unity)	☐	☐	☐

Not in these notes

Nothing CBSE prescribes for this unit is left out. Three things are named by CBSE's syllabus or sample paper but not explained in CBSE's own textbook — the tabular method, the double-league formula and the British method — and each is labelled where it appears. One textbook case study prints a football league table; here it is replaced by a points table of our own on the same pattern. The textbook's photographs and its art-integration activity are not reproduced. The practical work (30 marks) is outside these notes.



Unit at a Glance — Mind Map

Management of Sporting Events

Functions

- Planning
- Organising
- Staffing
- Directing, controlling

Three phases

- Pre-event
- During the event
- Post-event
- 23-point checklist

League

- $N(N - 1) \div 2$ matches
- Cyclic method
- Staircase method
- Tabular method

Combination

- League cum knock-out
- Knock-out cum league
- Large entries
- Many zones

Community sports

- Sports Day
- Health Run, Run for Fun
- Specific Cause
- Run for Unity

Committees

- Technical
- Logistics
- Finance
- Marketing

Knock-out

- Matches $N - 1$
- Upper, lower half
- Byes to a power of 2
- Seeding

Winner

- Points table
- British method
- Tie rules fixed early
- Ranking of all

Intra, extra

- Within the walls
- Mass participation
- Outside the walls
- High performance



Where This Unit Sits

A sports day does not run itself. Someone decides the date, books the ground, draws the **fixture**, calls the referees, buys the medals and settles the bills. Unit 1 is about that work. It has five parts: the **five functions** of sports event management, the **committees** that share the work, the **fixtures** that decide who plays whom, **intramural and extramural** tournaments, and **community sports programmes** such as a Health Run. It is the one unit of this paper in which you **draw and calculate** — and that is why it scores.

Marks

CBSE's unit table gives this unit **9 marks**: **5 + a 4-mark case-based question**. The **2026-27 sample paper** matches it: **two MCQs (1 + 1)**, **one 3-mark answer** on the league tournament and **one 4-mark case** on a knock-out fixture. The theory paper is **70 marks**; practical work carries the other **30**.

Exam tip

Fixture questions are the safest marks in the paper: the answer is either right or wrong, and a **neat, labelled drawing with the formulas written beside it** earns full marks. Learn the six formulas on the last page of these notes by heart.

Three sources, always named

These notes use three CBSE documents: the **2026-27 curriculum** (what to study), CBSE's own **Physical Education Class XII textbook** (how it is explained) and the **2026-27 sample paper with its marking scheme** (how it is asked). Where the board asks something its textbook does not explain, the notes say so.

1. Functions of Sports Events Management

Management is getting work done through people, in an orderly way. CBSE names **five functions**. Remember them in order: **P-O-S-D-C**.

Function	What it means	On your school's sports day
Planning	Deciding the future course of action in advance	Date, venue, events, budget, aims of the meet